



Helping Kids Grow in Faithfulness God's Way

When Promises Really Matter

Lesson Aim:

To help kids understand that faithfulness means keeping promises to God and others because God always keeps His promises to us.

Scripture Focus:

- And he believed the LORD, and he counted it to him as righteousness. (Genesis 15:6, *ESV*)
- "The Lord is faithful; he will establish you and guard you against the evil one." (2 Thessalonians 3:3, *ESV*)

Connect

- **Connection Point:** Ask: Have you ever had to wait for someone to keep a promise? How did it feel?

Teach

- Read or retell the story of Abraham's Faithfulness (Genesis 15 – 21).

God called a man named Abraham to do something brave. God told him to leave his home and go to a new land that He would show him. Abraham didn't have a map or plan, but he trusted God and obeyed.

God made a big promise to Abraham that He would give him more descendants than the stars in the sky and bless the whole world through his family. But there was a problem. Abraham and his wife Sarah were very old, and they had no children, so the promise felt impossible.



Church Lesson | The Fruit of the Spirit: Faithfulness

Many years went by, and still no baby came. Abraham doubted and grew impatient, yet he kept believing that God would do what He said. God reminded Abraham to look up at the stars and remember His promise. Those countless stars became a symbol of God's faithfulness and a reminder that His word can always be trusted.

Finally, when Abraham was one hundred years old and Sarah was ninety, God did the impossible. Sarah gave birth to a baby boy named Isaac, whose name means "laughter." Abraham and Sarah laughed with joy because God had kept His promise in His perfect time.

God also made an everlasting covenant with Abraham—a sacred promise that through his family line, the Savior of the world, Jesus, would one day be born. Everyone who puts their trust in Jesus becomes part of that same family of faith.

Abraham's story shows that faithfulness means trusting God's promises even when they seem too big, too slow, or too hard to believe. Because God is always faithful, we can also choose to be faithful in our words, actions, and relationships.

- **Discussion Questions:**

1. Why was it hard for Abraham to believe God's promise?
2. What helped Abraham stay faithful even when he had to wait?
3. How can we show faithfulness to others in small ways?

- **Explain:**

- God always keeps His promises.
- Faithfulness means we can be trusted too.
- Trust grows when we keep our word.

Model

- **Teacher Shares:** a time you had to wait for a promise or keep one that was difficult.
- **Student Activity:** Invite kids to act out scenarios in charades, or Pictionary about being faithful, like keeping a promise to share, finishing something we said we would do, or waiting patiently.

Pray

- *"Lord, thank You for always keeping Your promises. Help us to be faithful like Abraham to trust You when it's hard and to keep our promises too. Amen."*

Craft/Activity

- **Star Promises Craft:** Each child receives a star-shaped cutout and writes one promise they want to keep this week. Put the stars on a poster titled "Faithful Like Abraham." Kids decorate the poster with clouds and stars to remind them of God's covenant promise to Abraham. God's promises are countless like the stars in the sky and every time they keep a promise, they reflect God's faithfulness in the world.

Takeaway

- Faithfulness means trusting God and keeping your promises.