



Helping Kids Grow in Faithfulness God's Way

When Promises Really Matter

Raising Christ-Centered Kids | Character | The Fruit of the Spirit: Faithfulness

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"The LORD is trustworthy in all he promises and faithful in all he does." (Psalm 145:13b, *NIV*)

Key Takeaway

Faithfulness means trusting God and keeping your promises.

The Biblical Meaning of Faithfulness

Faithfulness means being trustworthy, dependable, and loyal. God is always faithful to us. "The steadfast love of the LORD never ceases; his mercies never come to an end." (Lamentations 3:22–23, *ESV*). God's faithfulness is part of who He is. His faithfulness never changes, even when our circumstances do. Scripture says, "If we are faithless, He remains faithful, for He cannot deny Himself." (2 Timothy 2:13, *ESV*).

God's faithfulness means He keeps His promises perfectly, even when we forget our promises to Him. From the covenant with Abraham to the coming of Jesus, every part of Scripture reveals a God who can be trusted. His promises are not fragile; He keeps them in every situation.

When kids learn what it means to be faithful, they can reflect God's steady love, like keeping promises, telling the truth, and showing up when it matters. These small acts mirror the heart of a God who never gives up on His children. "Your faithfulness endures to all generations." (Psalm 119:90, *ESV*).



Parent Guide | The Fruit of the Spirit: Faithfulness

Understanding Faithfulness: When Promises Are Easy to Make but Hard to Keep

Promises are easy to make but hard to keep. Kids might promise to share, help, or stay kind, but later forget when it's inconvenient or when they're upset. Parents know this struggle, too. Faithfulness is tested not in easy moments, but when keeping our word will cost us time, effort, or comfort.

When promises are broken, even small ones, it weakens trust. But when we follow through, it strengthens relationships and builds confidence. Jesus said, "Let what you say be simply 'Yes' or 'No.'" (Matthew 5:37, *ESV*). He was teaching that integrity means consistency, and our words and actions should match.

Faithfulness grows slowly, like roots under the soil. It's formed when kids learn that honesty matters more than excuses, and commitment matters more than convenience. Each time they do what's right, even when no one sees, they are growing in faithfulness, which is a reflection of God's steadfast heart. Parents can help by noticing and celebrating these quiet victories, reminding children that every faithful choice brings joy to God.

Practical Steps: Growing in Faithfulness with God's Help

1. **Keep Your Word** – Follow through on what you say, even in small things.
2. **Finish What You Start** – Complete chores, homework, or commitments.
3. **Be Loyal** – Stand by friends and family, especially when they're struggling.
4. **Stay True to God** – Choose to obey Him even when no one is watching.
5. **Celebrate Dependability** – Point out and celebrate moments when your child keeps their word or shows loyalty.

Scripture for Parents and Kids

- "One who is faithful in a very little is also faithful in much, and one who is dishonest in a very little is also dishonest in much." (Luke 16:10, *ESV*)
- "The Lord is faithful; he will establish you and guard you against the evil one." (2 Thessalonians 3:3, *ESV*)

Encouragement for Parents

Faithfulness isn't perfection; it's perseverance in love. Children learn trust when they see you keep your word, admit mistakes, and rely on God's steady help. Every time you follow through, you reflect His nature and strengthen your family's roots in truth. Faithfulness takes time to grow, but God supplies the strength. Scripture says, "He who calls you is faithful; he will surely do it." (1 Thessalonians 5:24, *ESV*).

CTMP Corner: Kingdom Kids in Action

- **Connect:** Share a story about someone who was faithful to you.
- **Teach:** Faithfulness means being trustworthy like God.
- **Model:** Keep promises, even in small things.
- **Pray:** Thank God for His great faithfulness and ask for His help to be faithful too.