



Helping Kids Grow in Faithfulness God's Way

When Promises Really Matter

Learning Objectives

By the end of this lesson, students will be able to:

1. Retell Abraham's story of waiting for God's promise.
2. Explain why keeping promises builds trust.
3. Identify one way they can show faithfulness this week.

Scripture Focus:

- And he believed the LORD, and he counted it to him as righteousness. (Genesis 15:6, *ESV*)
- "The Lord is faithful; he will establish you and guard you against the evil one." (2 Thessalonians 3:3, *ESV*)

Lesson Flow (25 min)

1. Connect (3 min)

- **Opening Thought:** Ask: "How do you feel when someone keeps a promise to you?" "How do you feel when they don't?"
- **Assessment:** Teacher observes student attentiveness and willingness to share.

2. Teach (7 min)

- Read or retell the story of Abraham's Faithfulness (Genesis 15 – 21).

God called a man named Abraham to leave his home and go to a new land that God would show him. Abraham didn't have all the answers, but he trusted God and obeyed. God made him a big promise that his family would grow into a great nation, and through his family line, the whole world would one day be blessed.



School Lesson Plan | The Fruit of the Spirit: Faithfulness

But Abraham and his wife Sarah were very old and had no children, so the promise seemed impossible. Years went by, and Abraham had to wait a long time with no sign of a baby. Sometimes he felt unsure, but each time, God reminded him to trust. One night, God told Abraham to look up at the stars and count them if he could. "That's how many descendants you will have," God said. Abraham believed God's word, even though he couldn't yet see how it would happen.

Finally, after many years, God kept His promise. When Abraham was one hundred years old, and Sarah was ninety, they had a son named Isaac. They laughed with joy because God had done what He said He would do! Abraham learned that faithfulness means trusting God even when what we are waiting for feels impossible.

- **Discussion Questions:**

1. Why do you think Abraham kept trusting God's promise?
2. What do you think it felt like for him to wait so long?
3. How can we show faithfulness to others in small ways?

- **Explain:**

- God's faithfulness gives us a reason to trust Him.
- When we keep our promises, we show others what His faithfulness looks like.

- **Assessment:** Teacher checks understanding through answers and engagement.

3. Model (7 min)

- **Teacher shares:** a time when you kept a promise even when it was difficult.
- **Student activity:** Students act out faithfulness in Pictionary or role-play, like keeping a promise to share, waiting patiently, finishing a chore, or standing by a friend.
- **Assessment:** Teacher notes engagement and application.

4. Pray (2-3 min)

- *"God, thank You for always keeping Your promises. Help us to trust You like Abraham did and give us strength to be faithful in the promises we make. Amen."*
- **Assessment:** Teacher observes participation and reverence during prayer.

5. Closing/Reflection (5 min)

- **Key Takeaway:** Faithfulness means trusting God and keeping your promises.
- **Student Reflection:** Write or share one way you can be faithful this week.
- **Teacher Closes:** Remind students that God helps us live His faithfulness every day.
- **Assessment:** Teacher listens for thoughtful, practical connections.

Optional Extension: Independent Practice

- Students write or draw a promise they want to keep this week in a "Faithfulness Journal" or on star-shaped cutouts labeled "Faithful Like Abraham."