



Helping Kids Build Integrity God's Way

When Little Choices Build a Big Life

Lesson Aim:

Children will learn, through Daniel's example, that integrity means saying what you mean and doing what you say, even when it is hard and that each choice builds the person they are becoming.

Scripture Focus:

- "My God sent his angel and shut the lions' mouths, and they have not harmed me, because I was found blameless before him." (Daniel 6:22, ESV)
- "Let what you say be simply 'Yes' or 'No.'" (Matthew 5:37, ESV)

Connect

- **Connection Point:** Ask: "Do you think small choices matter? Why or why not?"

Teach

- Read or retell the story of Daniel in the Lions' Den (Daniel 6).

Daniel was a faithful man who loved and trusted God. Even though he worked for a powerful king, Daniel prayed to God three times a day. The other leaders grew jealous because the king liked Daniel and planned to promote him. They tried to find something wrong with him, but Daniel lived with integrity. He was honest, dependable, and followed God's ways.

Since they couldn't find any fault in Daniel, they came up with a trap. They convinced the king to make a new law: no one could pray to anyone except the king for thirty days. Whoever disobeyed would be thrown into the lions' den. Daniel knew the law was wrong, but he also knew what was right. He went home, knelt by his window, and prayed to God just as he always had.



Church Lesson | Integrity

When the king realized Daniel had disobeyed, he was sad because he respected Daniel, but he couldn't change the law. Daniel was thrown into a den of lions. That night, the king couldn't sleep. At sunrise, he hurried to the den and called out, "Daniel, has your God been able to save you?" Daniel answered, "My God sent His angel and shut the lions' mouths." Daniel was safe because he stayed true to God.

- **Discussion Questions:**

1. Why did Daniel keep praying, even when it was dangerous?
2. What does this show about his integrity?

- **Explain:**

- Integrity means your words and actions match. Daniel said he would serve God—and he did.
- Jesus taught, "Let what you say be simply 'Yes' or 'No'" (Matthew 5:37). Our promises matter to God.
- Proverbs 10:9 reminds us that "whoever walks in integrity walks securely." Daniel's story shows how God honors those who choose truth over fear.
- The world says, "It's just a small lie," but God says every yes and no matters. Integrity builds trust and it brings peace.

Model

- **Teacher Shares:** a time you had to do the right thing even though it was hard, and no one was around to see the choice you made.
- **Student Activity:** Invite kids to act out short scenarios through role-play, Charades, or Pictionary, showing someone keeping their word, sharing, apologizing, finishing chores, or standing up for what's right.

Pray

- *"Dear Jesus, thank You for Daniel's example. Help us say what we mean and do what we say. Give us strength to choose what is good, true, and pleasing to You, even when it's hard. Help us live with integrity so others can see Your light in us. Amen."*

Craft/Activity

- **Brick Wall of Integrity Craft:** Give each child several paper "bricks." On each brick, kids write or draw one way they can live with integrity, like praying daily, telling the truth, helping others, or keeping a promise. Glue the bricks together on a large poster to build a "Wall of Integrity." Display it to remind the group that each choice builds a strong life for God.

Takeaway

- Integrity means your words and actions match.