



Helping Kids Face Bullying God's Way

When Others Are Unkind

Lesson Aim

Kids will learn that even when others are unkind, their value comes from God, and He can bring good out of hurtful situations.

Scripture Focus

- “But when his brothers saw that their father loved him more than all his brothers, they hated him and could not speak peacefully to him.” (Genesis 37:4, *ESV*)
- “As for you, you meant evil against me, but God meant it for good.” (Genesis 50:20, *ESV*)

Connect

- **Connection Point:** Ask: “Have you ever had someone be unkind to you, maybe by teasing you, leaving you out, or treating you unfairly? How did it make you feel?”

Teach

- **Bible Story:** Read or retell the story of Joseph and His Brothers (Genesis 37)

Joseph was one of twelve brothers, and he was his father Jacob's favorite. His father gave him a special gift—a colorful robe that showed love and honor. But Joseph's brothers became jealous and angry. They didn't like hearing about his dreams where he seemed to be in an important place above them. Instead of celebrating with him, they let jealousy turn into unkindness.

One day, when Joseph came out to meet them in the fields, his brothers decided to hurt him. They tore off his robe, threw him into a pit, and later sold him to travelers going to



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Egypt. Imagine how painful that must have felt! Joseph was far from home, away from his family, treated unfairly by people who should have loved him most.

Even though Joseph faced bullying and betrayal, God never left him. Through many ups and downs in Egypt, Joseph trusted God. In time, God used Joseph's life to save many people—including the very brothers who hurt him. When they came to him years later, afraid of what he would do, Joseph forgave them and said: "As for you, you meant evil against me, but God meant it for good" (Genesis 50:20). Joseph's story shows us that bullying is real and it hurts, but God's love is bigger and His plan is greater.

- **Discussion Questions:**

1. Why were Joseph's brothers unkind to him?
2. How do you think Joseph felt when his brothers were mean to him?
3. What does Joseph's response in Genesis 50:20 teach us about God's plan?

- **Explain:**

- Bullying doesn't define you. God already said you are valuable.
- God can use hard times for good, just like He did in Joseph's story.

Model

- **Teacher shares:** a personal example when you felt left out or hurt by someone's words or actions, and how God helped you remember your value.
- **Student activity:** Invite kids to role-play short skits showing different bullying situations (teasing, leaving someone out, saying hurtful words) and how to respond God's way. Play Pictionary by drawing "kind" vs. "unkind" actions. Keep it lighthearted but meaningful so kids practice healthy, godly responses.

Pray

- *"God, thank You that You made each of us in Your image. When others are unkind, help us remember our value comes from You. Give us courage to stand strong, wisdom to respond with kindness, and hearts that trust You to bring good out of hard situations. Amen."*

Craft/Activity

- Provide each child with a simple paper "robe" cutout (in the shape of Joseph's coat). Have them decorate it with bright colors and write one truth about themselves on it: "I am loved," "I am strong," "I belong to God." Remind them Joseph's robe was torn away, but his true worth in God was never taken away.

Key Takeaway

- God made you valuable and strong.