



Helping Kids Trust in God—God’s Way

When You Don’t Understand God’s Plan

Lesson Aim

To help kids understand that trusting God means believing His heart is good even when we don’t understand what He’s doing. Kids will learn that God’s plans are always for our good and His glory, and that real trust means remembering who He is, not just what we see.

Scripture Focus

- Abraham said, “God will provide for himself the lamb for a burnt offering, my son.” So they went both of them together. (Genesis 22:8, *ESV*)
- Trust in the LORD with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths. (Proverbs 3:5-6, *ESV*)

Connect

- **Connection Point:** Ask: “Have you ever been asked to do something that didn’t make sense at first, like helping with a chore you didn’t understand, or following directions you didn’t understand?”

Teach

- **Bible Story:** Read or retell the story of The Sacrifice of Isaac (Genesis 22:1-14)

God had promised Abraham a son, and Isaac was that promise come true. One day, God asked Abraham to do something that must have sounded impossible—offer his son as a sacrifice. Abraham didn’t understand why God would ask this, but he chose to trust that God knew what He was doing.

Early the next morning, Abraham and Isaac traveled up the mountain. As they walked, Isaac noticed there was no lamb for the sacrifice and he asked his father, “where is the lamb for a burnt offering?” Abraham answered, “God will provide.” When they reached



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the top, Abraham built the altar and laid the wood on it. Just as he was about to obey, an angel called out, “Abraham! Do not lay a hand on the boy.” God had seen Abraham’s faith and provided a ram instead.

Abraham looked up and saw the ram caught in the thicket. He offered it to God in Isaac’s place and named that place “The LORD Will Provide.” Abraham learned that even when God’s plan is confusing, He is always faithful, and He always keeps His promises.

This story helps us see that God never wanted Abraham to lose Isaac. He wanted Abraham to trust Him completely. God was showing Abraham (and us!) that His love and wisdom can always be trusted, even when life doesn’t make sense. Later in the Bible, we see that this story points to Jesus—God’s own Son—who would one day become the sacrifice for us all. Abraham’s story reminds us that we can rest in God’s goodness, because His heart is full of love and His plans always bring life.

- **Discussion Questions:**

1. Why do you think it was hard for Abraham to understand God’s command?
2. What do you think helped Abraham keep trusting God?
3. How can we trust God when life doesn’t make sense to us?

- **Explain:**

- God’s plan may not always be clear, but His heart is always good.
- Trust grows when we remember God’s faithfulness and obey even when we don’t understand.

Model

- **Teacher shares:** a personal example when you didn’t understand what God was doing but later saw His goodness.
- **Student activity:** Invite kids to act out short scenes showing trust, like following directions blindfolded, waiting for a surprise, or helping a friend even without all the answers. After each, ask what it felt like to trust without knowing everything.

Pray

- “God, thank You that we can trust You even when we don’t understand Your plan. Help us to remember that You are always good, always near, and always faithful. Give us hearts that follow You with courage and peace. Amen.”

Craft/Activity

- **“The Lord Will Provide Mountain”** — Give each child a paper triangle (mountain). Have them draw Abraham and Isaac climbing one side and glue cotton or tissue on the other side to show God’s cloud of provision. At the top, write: “The LORD Will Provide – Genesis 22:14.” Discuss how God always provides in His perfect timing.

Key Takeaway

- God can be trusted even when life doesn’t make sense.